

MAUI ACADEMY OF THE HEALING ARTS SCHOOL OF MASSAGE

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## **LEARN POLARITY MASSAGE**

A 24-hour in-depth exploration of the use of Polarity principles and techniques  
in combination with massage

*taught by*

**Cathy Schaffer Terrell, MAT # 1485**

Registered Polarity Practitioner and Certified Polarity Educator

<b>Friday:</b>	<b>Oct. 29th</b>	<b>1:00 p.m. – 6:00 p.m.</b>
<b>Saturday:</b>	<b>Oct. 30th</b>	<b>8:30 a.m. – 1:30 p.m.</b>
<b>Sunday:</b>	<b>Oct. 31st</b>	<b>9:30 a.m. – 12:30 p.m.</b> <b>1:00 p.m. – 6:00 p.m.</b>
<b>Monday:</b>	<b>Nov. 1st</b>	<b>6:00 p.m. – 9:00 p.m.</b>
<b>Wednesday:</b>	<b>Nov. 3rd</b>	<b>6:00 p.m. – 9:00 p.m.</b>

**COST:** \$350 (tax included) or \$300 if paid in full by October 15th

Polarity is a health system of energetic touch, reflex, and acupressure points that balance energy flow. You will learn how to balance the body's electromagnetic field and incorporate this work with full-body massage.

*Cathy was licensed as a massage therapist on Maui in 1984. She moved to Georgia and started a wellness center. In 1993, she discovered Polarity Therapy and has been practicing and teaching Polarity Therapy ever since. Cathy has found this work very useful for every aspect of her life.*

**To register** or for additional information please call MAHA at  
**879-4266**