

MAUI ACADEMY OF THE HEALING ARTS

310 OHUKAI ROAD, SUITE 318, KIHEI, HI 96753

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Overview of MAHA Required Classroom, Clinical & Practicum Hours

Year-Long Program 2010-2011

Required Core Curriculum Classes

(Students must complete 90% or better of each listed course to pass the course requirement.)

<u>Level I</u>	<u>Classroom Hours</u>	<u>Documented Required Hours</u>	
Introduction to Learning Massage	10		
A & P	75		
Basic Swedish	50	Outside Documented	
Communication Skills	3	Massage Practice Hours	30
Introduction to Sports Massage	10		
Skin Pathology	3		
Laws & Ethics	3		
Intro to Structural Kinesiology	3		
Introduction to Geriatric Massage	3		
Total Classroom Hrs	160		

Required Core Curriculum Classes

<u>Level II</u>	<u>Classroom Hours</u>	<u>Clinical Practicum</u>	
Lomi Lomi I & II	50+	Documented Massage Practice	
Structural Kinesiology	45	5 hours each for 4 modalities	20
Sports.	30	(Lomi Lomi, Deep Tissue	
Myofascial / Deep Tissue	30	Sports, and Reflexology)	
Supervised Clinical Practicum	50		
Total Classroom Hours	205	(See Guide Lines)	

Required Core Curriculum Classes

<u>Level III</u>	<u>Classroom Hours</u>	<u>Clinical Practicum</u>	
Clinical Anatomy Review	10	Business Practicum	5
Pathology of Soft Tissue Injuries	45	Documented Massage Practice	
Advanced Massage Techniques	30	5 hours each for 4 modalities	<u>20</u>
Shiatsu or Reflexology	30	(Shiatsu, Advanced Swedish,	
Integrated Techniques	20	Pathology, and Sports)	
Business Practices-16 & Ethics-4	20	Total Practicum Hours	25
Supervised Clinical Practicum	50		
Total Classroom Hours	205		

Students must complete a minimum of 570 hours to sit for the State of Hawaii Massage Therapist License (MAT) Exam.